



# The News Flyer

Volume 2 Issue 4

Newsletter for Desford Flyers Athletic Club

December 2018

## North Mids XC League – Race 2 Wicksteed Park, Saturday 10th November

This was the second race for the Flyers in the competitive North Mids XC league and it began on a sunny but windy afternoon within the grounds of Wicksteed Park – unfortunately the good weather wasn't set to stay. The course was muddy and fairly hilly. Sadly we didn't field any full teams but the event was well attended from across the counties so our Flyers really had to push themselves to the absolute limits.



The event kicked off with the Under 11 girls and Lucy Hurst represented the Flyers, she picked off girls steadily throughout and managed to finish an impressive 7th place. Jake Tyrrell then ran in the Under 11 boys category and ran an amazing race pushing himself up the rankings and finishing in 10th place with an incredible sprint on the last straight.



It was then the girls turn with Nadia Gauhar and Leilani Adams competing in the Under 13 girls category – this seemed a very well attended group but our girls stood proud in their Flyers vests. They both pushed themselves and ran a hard race with Nadia managing to finish 8th and Leilani 25th.

*Joe Matthews and Callum Fraser took to the starting line for the Under 13 boys at which point the skies grew black and the heavens opened with a torrential downpour of rain that lasted for the rest of the afternoon. The boys did exceptionally well running through heavy rain and strong winds with Joe finishing an impressive 4th and Callum in 36th place. Just to add one of the organisers stopped me and commented how fantastic it was to see the Flyers at the North Mids XC league, so many thanks once again to the parents that supported us and those flyers that ran.*

*I was incredibly proud of them all.*

*Huge thanks to Nikki for this race report and looking after the team on the day, fantastic team effort all round!*

# Notice Board

**Got anything for the newsletter?**

**Articles, photos, letters of complaint etc??**

**Please forward to:**

**Gaz Chivers**

**[desfordflyers@gmail.com](mailto:desfordflyers@gmail.com)**

## Stay in touch

Have you seen our website!!  
Stay up to date with all the latest info at  
[Desfordflyersac.co.uk](http://Desfordflyersac.co.uk)  
Also our Facebook page for parents of our members

# Pictures

I hope you enjoy the photographs in the newsletter and also on the website. However if you have an objection to your image being in any of these, then please let me know asap and I'll remove them.

## Derby Runner XC Dates

Sunday 28th October - Derby XC  
Sunday 9th December - Bradgate XC  
Sunday 13th January - Desford XC  
Sunday 17th February - Grace Dieu XC  
Sunday 3rd March - Hinckley XC

## North Mids XC

Saturday 12th Jan

## Quad Kids

Friday 10th May  
Friday 14th June  
Friday 5th July

## Mini Fun Run Series

Thrussington 9th Mar  
Frisby 30th Mar  
Queniborough 6th Apr

## Flyers Five Races

After the success this year we have decided to do it again next year. The children must complete 5 of the listed races, as a Flyer, to qualify.

Bagworth Heath XC 13th Jan  
Ivanhoe Challenge 16th Feb  
Hinckley XC 3rd Mar  
Ashby Fun Run 24th Mar  
Frisby Fun Run 30th Mar  
Keep the Beat Fun Run 12th May  
Joe's Jog date tbc  
Rainbows Challenge date tbc - we can only enter 4 teams so places are limited. Don't rely on this event to make up your 5.

Don't forget to visit our website for up to date info, a calendar of events, results and much more.

[Desfordflyersac.co.uk](http://Desfordflyersac.co.uk)

## 2<sup>nd</sup> Derby League Race – Holly Hayes

On Sunday 18<sup>th</sup> November the Fab Flyers were out in force again for the second Derby League XC race. This race was a wild and challenging course through Holly Hayes woods, there were many excited children beforehand looking forward to perhaps finding the Gruffalo!

Due to the nature of the course the start is very tight and our youngsters did so well to get themselves to the front of the pack (even some of the little ones elbowed their way to the front), showing great ambition from the off!



Once again we saw some superb results with Joe Matthews finishing brilliantly as 1<sup>st</sup> year 7 and in 5<sup>th</sup> place overall. Nadia Gauhar and Gracie-Rose continued their strong start to the season claiming 8<sup>th</sup> and 11<sup>th</sup> respectively. Fin Dixey was in 21<sup>st</sup> and Callum Fraser just behind him in 27<sup>th</sup> place. Daisy Lee was 34<sup>th</sup> and Leilani came in 35<sup>th</sup>. Whilst Finley Lewis came in 38<sup>th</sup>, Cole Nelson 39<sup>th</sup> and Emma Smith in 45<sup>th</sup>. It was definitely a different kind of course and the kids seem to really enjoy the challenge.



In the Primary age race Lucy Free finished superbly in 7<sup>th</sup> place with Lucy Smith not far behind her in 12<sup>th</sup> place and as 2<sup>nd</sup> year 5 girl. Jack Lewis was 3<sup>rd</sup> year 6 boy grabbing 13<sup>th</sup> place overall. Maisie Dixey was 15<sup>th</sup> and the 3<sup>rd</sup> year 5 girl. Isabella Marvin 21<sup>st</sup> came through with Sian Evans 22<sup>nd</sup> as 1<sup>st</sup> placed year 5 girl. Grace Collins 32<sup>nd</sup> had an amazing finish overtaking on the uphill home straight, awesome effort Grace!! Eadie Hanrahan was 38<sup>th</sup> and Ella-Louise Lacey 39<sup>th</sup>. James Free was 40<sup>th</sup> place, Eadie-May Walters 41<sup>st</sup> and Thomas Jillet 44<sup>th</sup>. Eliza Coats 45<sup>th</sup> and Florence Tunnicliffe 46<sup>th</sup> were strong once again, finishing as 2<sup>nd</sup> and 3<sup>rd</sup> year 3 girls.

Will Marvin was 47<sup>th</sup> as 1<sup>st</sup> year 2 boy to finish. Maya Bettoney 48<sup>th</sup>, Lexie Collins 49<sup>th</sup>, Jasmine Poole 50th, Jesse Lewis 51st, Jack Bentley-Whittaker 54<sup>th</sup>, Polly Jones 57<sup>th</sup>, Amelie Coats was 66<sup>th</sup> and 1<sup>st</sup> year 1 girl in this race, fabulous Amelie! Megan Hutton 67<sup>th</sup>, Louisa James 69<sup>th</sup>, Phoebe Hutton 73<sup>rd</sup>, Ollie Lacey 77<sup>th</sup>.



You all ran with great guts and determination, this course is very tricky, as its quite tight. The younger children were especially brave, running alongside much older children in a confined area could not have been easy. A massive well done to each and every one of you and thank you to the parents for bringing them along and cheering loudly!!

The next race is Sunday 9<sup>th</sup> December at Bradgate Park, please see our Facebook page for further details.

*A huge thank you to Rhydell Poole for coordinating the team on the day and for another brilliant race report.*

### Race Round up-

Well done to Alfie & Evie for completing the MO running fun run at the historic racing venue Wollaton Hall in Nottingham with Alfie coming home in 2<sup>nd</sup> place.



Sonny became the smallest Santa in the village whizzing round the 3k Broughton Astley Santa Fun Run.



## **North Mids XC league Race 3 Shipley Park Heanor 1st December.**

Race 3 of the north mids league saw the Flyers travel to the beautiful but very challenging Shipley park. With this date clashing with the final Leicestershire Primary schools XC race we didn't field any under 11 teams but we did take Girls and boys under 13 teams which as the norm performed superbly.

Imogen Poole and Gracie-Rose Walters took the race by the scruff of the neck and attacked from the gun. This course has everything with tight turns, short and long climbs, muddy bogs and fast flat fields which made for fantastic racing. With getting 2 girls out we will still keep our league position and it was nice to see Imogen and Gracie do what Nadia and Leilani did in round 2 and keep their league position going, amazing team work girls!

### **Under 13 Girls- Desford, 6<sup>th</sup> from 11 70pts.**

We had a full under 13 boys team out with Fin Dixey, Callum Fraser & Joe Matthews all having good runs and keeping their league position going strong. The race starts fast then quickly narrows down the side of a path, Callum isn't a fan of the pushing and shoving in the early stages (maybe Callum needs a few tips from Desford Strider legend Graham Hobbs about holding your ground and sharp elbows J) so he set off at a steady pace as is the normal tactic from Fin and they both moved through the field perfectly picking runners of one by one.

Joe Matthews also paced the race well tackling the 3.5k with aplomb and coming up the biggest and last climb in a fine 3<sup>rd</sup> place, 4<sup>th</sup> place was on his shoulder but Joe was too strong and pulled away up the climb to the finish on the podium.

### **Under 13 Boys- Desford, 6<sup>th</sup> from 9 62pts.**

Joe & Callum has a 100% record in the league so far and are 1 race from getting an individual placing each.

### **Overall U13 Boys after 3 races-**

**3<sup>rd</sup> Joe Matthews 13pts**

**11<sup>th</sup> Callum Fraser 109pts**

Very proud of what our little club is achieving in such a tough league.





## We bid a fond farewell

We sadly bid farewell to these pair of lovely chaps as they stepped down from the Flyers. Huge thanks once again to them both for the amazing help and support they've given during their time with us. We'll all miss them lots. Also, good luck to Jake and Jasmine. We'll still be cheering you on at the races!!



## ***Athlete Spotlight – George Bond***

*This edition of the newsletters special mention goes to George Bond, Back in the summer I helped pick the teams for the Rainbows relay challenge and not knowing much about George I put him in completely the wrong team for his ability and development at that time but he just got on with running with our youngest Flyers and I could see all the younger Flyers looking up to him and running with confidence from Georges lead. George has since moved into the older running and is improving each week and although he doesn't always find it easy he doesn't complain and never gives up! Keep the improvement going George!*

### **Park Running**

We have gone a little quiet over the festive season at Braunstone Park with the one main note being an excellent first time effort from the very hard training and ever improving Lucy Free. In contrast to the last newsletter it has been over at Aylestone Junior park run that the Flyers have been ripping it up and honing their speed with fantastic results. A double PB from Lucy Smith along with being 2<sup>nd</sup> and 1<sup>st</sup> girl, a 3<sup>rd</sup> from Jake Tyrrell and then what I can only describe as 'Super Sunday' happened.... 2<sup>nd</sup> December 2018 the Day after a fine XC run over at Heanor Fin took 1<sup>st</sup> place for his first time, Lucy took 1<sup>st</sup> girl and 3<sup>rd</sup> overall & Maisie took 2<sup>nd</sup> girl and 4<sup>th</sup> overall with all 3 gaining new PB's!!!!

#### **Braunstone 5k parkrun**

##### **First Timers**

Lucy Free 23.16

#### **Aylestone 2k junior parkrun**

##### **New PB's**

Lucy Smith 8.46 & 8.41  
Sonny Chivers 11.24  
Fin Dixey 8.28  
Maisie Dixey 8.46



**Wishing you all a Merry Christmas and a happy New Year!**