

Flyers Chronicle

Volume 2 Issue 1

Newsletter for Desford Flyers Athletic Club

Jan 2018

Happy New Year!

I hope you've all had an amazing Christmas and New Year. Its been quite a while since our last newsletter so I must apologise for that! Life has simply got in the way of me being able to keep it all updated. Fingers crossed though, new year new start and all that! Anyway, I wont go back on all the events that have happened since the last newsletter but would just like to start off with this lovely article which was written by Imogen Poole after she competed in the Blaby Schools Cross Country.....

For the ones that don't know I am Imogen and today I am writing about the Blaby Schools Cross Country running races. These races take place at Vipers rugby stadium in Blaby. There are four races in the autumn term. These races are for years 3 to 6. The distance is roughly 1 mile. I like it because the ground is flat and the spectators can see the whole course without moving around. It is nice to see your friends from inside and outside of school.

This year I have done my best ever positions, I was coming 3rd in the previous years but this year I have really improved by winning every race. Thank you to Gaz, Ross and all the other coaches who have helped me to improve!

Flyers have done very well this season, including Fin Dixey winning the year 6 small schools trophy for St Peters and Maisie Dixey for winning the year 4 small schools girls trophy also for St Peters. Congratulations as well to Harrison Hill for winning the year 4 boys, big schools trophy for Badgerbrook! Well done some real athletes!

My friends and I also won the small schools year 6 girls trophy for Huncote.

Here are the individual results:

Race 1 Race 2 Race 3 Race 4

Emma Smith 17 19 19 14

Lucy Smith 1 1 1 2

Harrison Hill 14 11 14 5

Maisie Dixey 4 5 6 6

Sian Evans 1 - 1 1

Nancy Chivers - - 47 32

Fin Dixey 14 15 - 13

Lilly Brewin 13 28 26 12

Grace Bowie - 40 27 24

George Burton 18 17 20 29



A lovely poem by Gracie Rose that I thought would be nice to share on here. Thanks Gracie

Flyers smash the Hash

How cool was this!!!! As far as fun runs go, this has to be one of the best! We had so many Flyers running they ran out of selection boxes for the finishers, they weren't expecting so many to turn up. They clearly don't know us that well yet. A massive well done to all that ran, and to all the parents that had to wash their kit afterwards. I saw the mud, that cant have been easy, lol. I also want to say 'thank you' to all the Flyers that took part in our 'Dab for Daniel'. Daniel was a young 6 year old boy that sadly passed away just before Christmas. The 'Dab' was a tribute to Daniel set up by his family as a way to show support for his parents.



Just a few of our superstars in action, along with most of the team doing the 'Dab for Daniel'.

Beacon Bunny Run

Sunday 1st October we popped over to Beacon Hill for their annual Bunny Run! What a brilliant event! The route was either a 3k fun run or 10k for the grown ups wanting more of a challenge. We all took part in the warm up, which was a great mix of songs with a lady showing everyone what 'moves' to do. Most people copied, some of us just danced! Anyway, this was to be the first time I was going to let Evie & Alfie run a race on their own! I had been assured by the organisers that there were plenty of marshals around the course yet this didn't stop me worrying so I spoke to a few ladies who were running for Age Concern and they all said they'd be happy to keep an eye on them both, phew!! So, off they went, all smiles, even Evie! Lol. I made my way down to one of the 'viewing' points and waited for them to come by. There were so many people taking part of all ages which was so lovely to see. They both came running round the corner, Alfie just slightly in front, both still smiling! I think that as soon as I was out of sight though Evie started walking as Alfie came flying down the finish hill to finish 10th in his age category but Evie was no where to be seen! After 5 minutes of still waiting I must admit, I did start to get a bit worried! They only had about 1k to go from when I'd seen them both pass me so did start to think something had happened! Just as we were about to walk back up the course she came sauntering along, chatting to some ladies that were also doing the 3k! As soon as she saw us she started to run again. They both really enjoyed the event, and loved the goody bag and medal! It was really lovely seeing another Flyer, Imogen Saunders there too. She had an absolutely brilliant run and came 1st in her age category! Huge well done to the 3 of them! Would definitely recommend this for next year.



Notice Board

Got anything for the newsletter?

Articles, photos, letters of complaint etc??

Please forward to:

Cheryl Wright

desfordflyers@gmail.com

Stay in touch

Have you seen our new website!!
Stay up to date with all the latest info at
Desfordflyersac.co.uk
Also our Facebook page for parents of our members

Pictures

I hope you enjoy the photographs in the newsletter and also on the website. However if you have an objection to your image being in any of these, then please let me know asap and I'll remove them.

What's on!



SUN, 13 MAY AT 10:00
The 2018 "Keepthebeat Mile" 1 mile Fun Run
 Bosworth Water Park
 Sarah and 23 friends

5th ANNIVERSARY

COLOURFUN MILE

WEDNESDAY 6TH JUNE
 START TIME 7PM
HINCKLEY TOWN CENTRE

BOOK BEFORE THE 26TH JANUARY FOR
 EARLY BIRD: U12 £9 FAMILY TICKET £40
 BIRD: 12+ £12 2xU12 2x12+

SIGN UP NOW AT
LOROS.CO.UK/COLOURFUN

NEW FOR 2018 BUBBLES!

FRISBY FUN RUN

HOME DIRECTIONS ENTRY FORMS RESULTS THANK YOU 2015
 PHOTOS 2013 PHOTOS 2014 CONTACT

QUENIBOROUGH STOMP XC RACE

Ivanhoe Challenge - 2018

Venue: Cow Pastures Farm, Market Bosworth
 Saturday 10th February
 Hosted By

Full details – www.ivanhoechallenge.weebly.com
 ENTRY - £5.50 per athlete *(plus admin fee)

Goody bag and race memento for all finishers. Individual Trophies and Team Medals

ASHBY 20 ROAD RACE

SUNDAY 18TH MARCH 2018 AT 10AM

Includes the Primary School Challenge

Event Sponsored by Aldi, Buff, Mountpark

ASHBY Novice Triathlon adults & juniors 8-15

"Entries Now Open"

Choose Sports - Public

NEW TO 2018 BECOME A LEGEND COMPLETE ALL 3 DISTANCES IN 1 WEEKEND!!!

Uks largest kids OCR

MINI MILITARY MUD RUN

21ST+22ND APRIL 2018

OVER 2000 CHILDREN PER RACE

BUY 5 CHILD PLACES GET 1 FREE

£20 PER CHILD

3 COURSES: 2K, 5K AND 9K
 INCLUDES FREE MEDAL & GOODIE BAG
 CHARITY PACKAGES AVAILABLE

ATTEND ALL 3 EVENTS THROUGHOUT THE YEAR TO COMPLETE THE MEDAL

MINI MILITARY FITNESS MUD RUN

VENUE: ONLEY EQUESTRIAN CENTRE, DUNCHURCH, RUGBY JUST OFF THE A45

BOOK ONLINE WWW.MINIMILITARYMUDRUN.CO.UK
INFO@MILITARYFITNESSCIRCUITS.CO.UK

NEW TO 2018 BECOME A LEGEND COMPLETE ALL 3 DISTANCES IN 1 WEEKEND!!!

Uks largest kids OCR

MINI MILITARY MUD RUN

28TH+29TH JULY 2018

OVER 2000 CHILDREN PER RACE

BUY 5 CHILD PLACES GET 1 FREE

£20 PER CHILD

3 COURSES: 2K, 5K AND 9K
 INCLUDES FREE MEDAL & GOODIE BAG
 CHARITY PACKAGES AVAILABLE

ATTEND ALL 3 EVENTS THROUGHOUT THE YEAR TO COMPLETE THE MEDAL

MINI MILITARY MUD RUN

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MINI MILITARY MUD RUN

22ND+23RD SEPTEMBER 2018

OVER 2000 CHILDREN PER RACE

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3 COURSES: 2K, 5K AND 9K
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Thrusington FunRun

Home Directions Entry Forms Fun Run Sponsors Photos Results

Welcome

Welcome to the 10th Thrusington Fun Run 2018
 Saturday 3rd March
 1st Race Starting Time 8:00pm
 Entry forms available here: ThrusingtonFunRunEntryForm2018
 Closing Date: Thursday 1st March 2018 - 12 Noon

For more race info, please contact the race secretary by clicking here.

PHOTOS FROM OUR PREVIOUS EVENTS

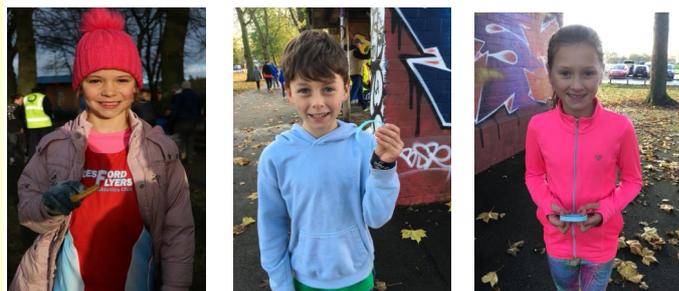
Wednesday Night Session - We now have a waiting list for all 3 of our Wednesday night sessions. When we started Desford Flyers we never thought we'd get the interest we have! Its been amazing!! Thanks so much to all you parents that bring your children to the sessions, and the weekend events. The 11+ session has continued to run outside throughout the winter, and will continue to do so. If any parents would like an extra training session and help keep our athletes safe then please ask, but be prepared to work hard!! :)

parkrun Round up

Since the last newsletter, the Flyers have continued to make their presence known at various parkrun events around the county. There's been a few wrist band awards given out at the junior events, The superstars pictured below received either their Half Marathon bands or Ultra band, absolutely amazing! I know there's more but my internet is too slow to keep scrolling back so huge apologies to those I've not mentioned by name. One of our younger flyers made her debut appearance at parkrun this year by throwing herself straight into the 5k at Braunstone on New Years Day!! Well done Lulu, your smile was amazing as you crossed the finish line!

AYLESTONE JUNIOR 2K PARKRUN

3rd Dec	Harrison Hill	10.38
	Jake Tyrrell	8.42
	Sian Evans	8.50 PB
	Lucy Smith	9.40
	Cole Nelson	9.20
	Luke Ruston	13.52
17th Dec	Ava Hill	15.13
	Jake Tyrrell	8.45
	Sian Evans	10.10
	Alfie Wright	10.07
	Harry McSwiney	11.23
	Nancy Chivers	11.02
7th Jan	Sonny Chivers	12.33
	Luke Ruston	12.27 PB
	Evie Wright	17.15
	Jake Tyrrell	9.11
	Lucy Smith	9.51
	Emma Smith	11.10
14th Jan	Alex Ruston	10.08
	Nancy Chivers	11.39
	Sonny Chivers	13..37
	Luke Ruston	12.54
	Olivia Walker	14.03
	Joseph Pointon	7.49
	Imogen Saunders	8.27
	Jake Tyrrell	9.10
	Sian Evans	9.38
	Lucy Smith	9.59
	William Pallett	11.24
	Emma Smith	10.16
Maria Pointon	9.58	
Nancy Chivers	11.16	
Maisie Pallett	11.22	
Sonny Chivers	14.00	
Olivia Walker	13.53	



BRAUNSTONE 5k PARKRUN

30th Dec	Alfie Wright	35.23
1st Jan	Nancy Chivers	33.00
	Maisie Pallett	35.45
	William Pallett	36.04
	Lulu Rose	44.30 Debut
6th Jan	Imogen Poole	24.47
	Maisie Pallett	36.16
	William Pallett	36.22
13th Jan	Alfie Wright	30.57

SWADLINCOTE JUNIOR 2K PARKRUN

7th Jan	George Riley-Flinders	9.57
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