

Presentation Night

What an amazing night that was!!! It was brilliant seeing so many of you there and we really hope you enjoyed the night as much as we did. Huge thanks to Michael Walters for his fabulous cooking skills and all the parents for bringing your children to our training sessions and events. I am pretty sure they all enjoy it, although probably don't realise it until about half an hour after the session has finished! Lol. It was team 'Gary' that were the overall winners of the games that night so well done again to them. Everyone did really well and lots of smiles which is always a bonus! Massive congratulations has to go to our award winners. It really is so difficult to choose between such an amazing bunch of children!



	62	68	62	67	66	65
	Andrew Evans	Andy Duffy	Allyce Rouse	Gary	Billy	Michael
1	6	12	11	12	12	9
2	11	11	12	7	10	12
3	10	13	8	11	12	7
4	13	11	12	12	7	11
5	10	12	8	14	11	13
8	12	7	11	11	14	12

Striders 25hr Relay

You may remember back at the beginning of July the Desford Striders hosted their annual 25 hour charity relay. The money raised is for the Striders chosen charity Hospice Hope, they offer vital support to people with life limiting illnesses in the North West Leicestershire area. The event was held over at Bosworth Country Park with a choice of two laps, one for the grown ups and a slightly shorter one for the children. This really is a brilliant event! It was lovely to see a few of the Flyers there, keen to help 'keep the baton going'. A total of 149 laps were ran over the 25 hours by the Flyers and Striders. Unfortunately, due to me trying to keep track of who was running the next lap and having my two children to look after I didn't get many photos of the Flyers. I know!! I'm as shocked as you guys!! Lol. It really was a great weekend though.



A few of the Flyers that helped keep the baton going



Obviously it's important to 'fuel up' before any exercise!! lol



The team base for the weekend



JOE'S JOG ROTHLEY

Joe's Jog was an event that took place in June. I had written a little article for it then forgot to add it to the last newsletter! Unfortunately, it would seem I've lost it from my laptop as I can't find it now!! (rolls eyes). Anyway, it was a really lovely little event that took place before the Rothley 10k. Well done to Joe & Maria Pointon and Evie & Alfie Wright who all ran amazingly on the night. Here's just a few pics I've found.



Rainbows 100 lap Challenge

WOW!!!! What can I say about this!! The Flyers excelled themselves once again and gave a sterling performance on the night!! The challenge was for the junior clubs to complete 60 laps. The Flyers just kept going! I think the final count was about 75 laps! They sadly lost their title to what we believe was a miscalculation from the winning team but still, they all ran amazing and had a brilliant time.



Notice Board

**Got anything for the newsletter?
Articles, photos, letters of
complaint etc??**

Please forward to:

Cheryl Wright

desfordflyers@gmail.com

Stay in touch

Have you seen our new website!!
Stay up to date with all the latest info at
Desfordflyersac.co.uk
Also our Facebook page for parents of our
members

Pictures

I hope you enjoy the photographs in the newsletter and also on the website. However if you have an objection to your image being in any of these, then please let me know asap and I'll remove them.



www.desfordflyersac.co.uk

UPCOMING EVENTS

Desford Flyers events – XC IS BACK!!!

Derby Runner XC Race 1 – Sunday 22nd October 10:00 – Bagworth Heath, Bagworth.

This is our Home Event so lets start the season with a Huge amount of Flyers!

Derby Runner XC Race 2 – Sunday 12th November 10:00 – South Charnwood High School, Markfield.

Derby Runner XC Race 3 – Sunday 26th November 10:00 – Holly Hays Wood, Coalville.

Derby Runner XC Race 4 – Sunday 10th December 10:00 – Bradgate Park, Hunts Hill car park, Newton Regis.

All races are £1 entry. £4.00 parking at Bradgate Park.

Non Flyers Open events

Mini Military Mudrun Saturday 24th September 9:00 – 2 & 5K Obstacle course / mud run, book online, see website.

Prestwold Hall Primary XC 1 Saturday 30th September – Prestwold Hall, Loughborough

Prestwold Hall Primary XC 2 Saturday 28th October – Prestwold Hall, Loughborough

Prestwold Hall Primary XC 3 Saturday 25th November – Prestwold Hall, Loughborough

Check with your School to see if they are sending a team, if not speak to us to help you enter.

JUNIOR PARKRUN – EVERY SUNDAY (earn your wristbands)

Local 2K fully marshalled Parkruns every Sunday 9am

Aylestone Park, Leicester

Maurice Lea Memorial Park, Swadlincote.

Sign up its FREE! Don't forget your barcode. www.parkrun.org.uk/events/juniorevents

SPORTS HALL SERIES

Sportshall Series – Saturday 14th October 12:00 – Gateway College, LE5 1GA.

Sportshall Series – Saturday 18th November 13:30 – Gateway College, LE5 1GA.

Sportshall Series – Saturday 9th December 12:30 – Hermitage Leisure Centre, LE67 5EU.

General

Don't forget to send us your pictures and results or attendances to any races you go to.

Post on the Flyers Facebook page or via email.

For more info email desfordflyers@gmail.com

NEW FLYERS RACE VEST TO BE UNVEILED SOON (WATCH THIS SPACE)!!!!!!

New Wednesday Night Session - As the club continues to grow and our athletes get older we have decided to trial a fitness session during September for those aged 11 and over who would like to train solely on running! This is not compulsory and if your child would rather stay in the athletics group that is absolutely fine. This new session is to help with rising numbers and to help inspiring athletes improve their running. If we get enough interest from our athletes we will continue to run outside through the winter. If any parents would like an extra training session and help keep our athletes safe then please ask, but be prepared to work hard!! :)

parkrun Round up

Once again these guys have been amazing and should be very proud of themselves!! There's been some brilliant PB's across all of the parkruns but 26th August has to be the most noticeable with 4 flyers running at Braunstone and all 4 getting a PB!! Top work guys :) Its lovely to see a few 'debut' appearances too. Hopefully we'll be seeing more results from them as the weeks go on. If anyone takes part in a parkrun that isn't listed below then please let us know so I can add them. Even better, why not write your own little article and send it to me for our next edition!! Also, don't forget to register your child as a Desford Flyer so that I can find them easier and include them in our 'round up'. Thanks :)

AYLESTONE JUNIOR 2K PARKRUN

2nd July	Imogen Poole	8.25		
	Fin Dixey	8.44	PB	
9th July	Maisie Dixey	9.12	PB	
	Sian Evans	11.14		
	Izzy Macswiney	11.29		
	Harry Macswiney	11.45		
	Joe Pointon	7.26	PB	
	Jake Tyrell	8.36		
	Jude Brinkley	9.18		
	Sian Evans	10.55		
	Maria Pointon	10.03	PB	
	Emma Smith	10.07	PB	
16th July	Izzy Macswiney	12.01		
	Nancy Chivers	13.43		
	Faith Smith	12.52		
	Harry Macswiney	11.46		
	Sonny Chivers	15.59		
	Jake Tyrell	8.33	PB	
	Jake Tyrell	8.33		
	Fin Dixey	9.07		
	Maisie Dixey	9.32		
	Emma Smith	10.21		
23rd July	Lucy Smith	10.10	PB	
	Nancy Chivers	12.13		
	Faith Smith	12.10		
	Harry Macswiney	10.37	PB	
	Sonny Chivers	15.17		
	Joe Matthews	7.24		
	Imogen Poole	8.57		
	Jake Tyrell	8.36		
	Harry Macswiney	11.02		
	George Newton	21.11	Debut	
30th July	Joe Pointon	7.17	PB	
	Imogen Poole	8.47		
	Maria Pointon	10.37		
	Nancy Chivers	11.02		
	Sonny Chivers	19.01		
	George Newton	16.10	PB	
	6th August	Harrison Hill	8.39	
	Fin Dixey	8.30	PB	
	Maisie Dixey	9.16		
	Jude Brinkley	9.08	PB	
13th August	Nancy Chivers	11.38		
	Faith Smith	11.35		
	Sonny Chivers	14.16	PB	
	27th August	Harrison Hill	8.39	

SWADLINCOTE JUNIOR 2K PARKRUN

2nd July	Imogen Saunders	8.30	Debut
	William Pallet	11.00	Debut
	Maisie Pallet	12.05	Debut
9th July	Gracie-Rose Walters	8.05	PB
	Imogen Saunders	8.21	
	William Pallet	10.32	PB
	Eadie-May Walters	10.27	PB
16th July	Maisie Pallet	11.41	PB
	Gracie-Rose Walters	8.19	
	Imogen Saunders	8.50	
30th July	William Pallet	10.03	PB
	Maisie Pallet	11.29	PB
	Imogen Saunders	8.26	
13th August	Imogen Saunders	8.26	
20th August	Joe Matthews	7.39	Debut
	Imogen Saunders	8.25	
	Maria Pointon	10.27	PB
27th August	Joe Matthews	7.27	PB
	Lily Riley-Flinders	10.34	Debut
	Imogen Saunders	8.29	
	Maisie Pallet	11.52	

BRAUNSTONE 5k PARKRUN

1st July	Harrison Hill	26.50	
22nd July	Jake Tyrell	25.21	Debut
26th August	Joe Pointon	19.30	PB
	Jake Tyrell	23.32	PB
	Imogen Poole	23.42	PB
	Maria Pointon	27.53	PB